

THE INITIATIC VIGIL



CONTENTS

CONTENTS 2

PRELIMINARY TO THE VIGIL INSTRUCTIONS 3

HOW TO DO AN INDOOR VIGIL 3

RECIPE FOR TEMPLE SOAP 3

PREPARATION FOR VIGIL 4

AGENDA FOR THE VIGIL 5

PRELIMINARY INSTRUCTIONS 5

TOOLS 5

ORDER OF THE VIGIL RITES 6

SKRYING IN THE AIR WITH LUNAR WATER 7

SKRYING IN THE CANDLE FLAME WITH FIRE 7

INQUIRING OF THE ARCHATES WITH EARTH 7

COMMUNION WITH THE GUARDIAN ANGEL THROUGH THE AUGOEIDES 8

SKRYING IN THE MIRROR BY FIRE 8

FACE OF THE MASTER 8

ERODINIA: THE SACRED DREAMING 8

PRE-DAWN VIGIL 8

SUNRISE ILIASTER MEDITATION 9

PRELIMINARY TO THE VIGIL INSTRUCTIONS

1. Listen to the INITIATIC VIGIL instructions (on cassette tape).

2. Gather the "tools" listed on p.3. They should be consecrated during the Eucharistic Liturgy before attempting the Vigil if you have Apostolic Ordination through the Home Temple or another valid source. If not, cleanse your white linen robe and other tools with eucalyptus incense smoke. This substitutes for consecration in the presence of the Sacrament.

3.

HOW TO DO AN INDOOR VIGIL

It may be necessary to modify the Vigil for an indoor or home location if climate, season, and environment do not support a safe or practical outdoor all-night retreat (rain, no access to wilderness, etc.) The Vigil may be done effectively on one's own property or in one's apartment *if the following parameters are observed:*

- a. Use evening before, during, or after exact time of full moon (i.e., if exact moon is Tuesday morning, use either Monday or Tuesday night for the Vigil);
- b. Consecrate a room with censuring, water asperges, and other means. Trace the circle of the auric egg with finger invisibly on floor, marking boundaries with four of the stones you have found. Find a place outside in contact with the Earth where the fifth crystalline quartz stone can be buried and ground hallowed when sunrise occurs.
- c. Secure *absolute privacy* for the all-night work. Send children to grandparent's home, keep pets out of consecrated area, remove distraction. You will leave the consecrated room only to use the bathroom, sit before a large mirror for skrying, or complete the short sleeping period required. *When it is necessary to leave the Auric circle, take your gamatheii with you!*
- d. Keep the times: *sunset to sunrise.*

4.

RECIPE FOR TEMPLE SOAP

One part Dr. Bronner's Eucalyptus soap, one part Lavender soap, one part Peppermint soap, in a one-quart container. Mix with half a teaspoon of wormwood oil or two tablespoons of tea made by boiling the herb from which wormwood oil comes (consult herb store). If no access to Dr. Bronner's soap, use any mild Castile soap with about one teaspoon of the appropriate oils to one-third quart of Castile soap.

PREPARATION FOR VIGIL

(Listen to Cassette Tape in Conjunction with This Lesson)

We have given you two natural gamatheii which contain, respectively, an *ilech* or alchemical, evolutionary union of achthna (fire element) and *ileades* (air element), and another union of *admisural* (earth element) and *hydor* (water element) in a matrix of *archates*, the basic mineral substance. These stones, taken from veins high on Mt. Whitney exposed by the winter storms, and from deposits washed by winter tempests from their host megaliths on the rim of the sea, are millions of years old. They have never been seen or touched by anyone until now and have grown hidden in their matrix until taken in a sacred way for you.

By interacting with these two gamatheii (which you must keep sacred long after this preliminary work with them has been completed) you will begin to re-establish continuity of consciousness with the Mineral Kingdom. This lays the foundation for communication with the elements of earth, water, air, and fire, for they live in the spirit of each stone--earth and water in the dark crystal from Pacific Grove, air and fire in the nugget from Mt. Whitney, both in the *archates* of each form.

Each stone communicates with others of its own species, with the granitic matrix from which it was born, and with the basaltic and magmatic matrix from which the granite was born--in other words, each is a microcosm of the this planet Earth, from crust to core.

Crystalline stones, which are the highest evolution of the *archates*, attract and densify around themselves the universal *I/taster*, Radiance, or Rigpa which substands the intelligence or "consciousness" that is inherent in all that manifests in form, from electrons to elephants. Natural nuggets or crystals such as the ones we have brought to you are the most "intelligent" of the mineral forms. They function as lines of communication between Human and Mineral kingdoms.

These stones have never been with a human before. Know that just as you are being introduced to the stones, so they are being introduced to you and to each other. Treat the stones with deepest reverence, and they will become your friends and reverence you.

Keep them always together. An excellent practice is to hang them in a pouch (vegetable or synthetic material) directly over your heart all day, and to lay the pouch next to your head at night. With the pouch over your heart during morning meditation, hold your left palm (receptive) over the pouch and heart and cup your right palm over the left while concentrating upon Higher Triad Meditation. Touch the pouch with your left hand while driving and try to feel the non-verbal "light" or intelligence of these stones. They will be experiencing you by virtue of the position over the heart. After a few weeks of this, they will be thoroughly imprinted with your spirit and you with theirs, and you will be able to receive their aid in the vigil and for other work.

In addition to this, you must use the consecrated rose oil each morning on crown, ajna, throat, heart, solar plexus, nape of neck, pulses, and soles of feet. Smell the fragrance often during the day and become friendly and familiar with it, as it will with you.

Finally, do the Higher Triad Meditation each morning for about five minutes after using the attunement tape. Concentrate your will and mind to focus on the Unlimited Light of Rigpa, which is the Holy Astrum or *Iliaster quartus*. When you are able to evoke this Holy Light, you will be able to use the AUM and do the work of the Creator using Imagination and Will.

During the time of preparation for the Vigil, your special stones will communicate with you by calling your attention to five other stones. You will gather these five over the course of one week as they are brought to your attention. Some may be small, other large. Some you may already have in your home, others may come to you in other ways. As you find each stone, try to determine what kind of mineral it is, and at night when you take off the pouch, rest the new stone or stones in a position touching the original two. When you have gathered the five stones, you will have the seven special minerals you will use in the Vigil. One is

put to the East, one to the West, one to the North, one to the South, and three in the center (Above, Below, Within--the Seven Directions). When you have the seven and have determined which belongs with which direction (the original two stay either over your heart or, at the Vigil, on the ground with a third as part of the interior triangle), then you should place the five you have gathered in their proper positions surrounding your meditation place at home, with the fifth directly in front of your cushion or under your chair, while you wear the original two over your heart for meditation. As soon as you find your first new stone, determine its direction and place it there for meditation, then remove it to the place where the stones are kept near your pillow while you sleep.

It is good to purchase *one clear quartz* for the central stone, or to find a milky quartz for this position (very common in gravels). This one you will bury in the earth at the place you meditated after your vigil, and you will replace it with a stone that is shown to you during the vigil.

At the time of the full moon you should meditate with the Face of the Master Jesus and do Higher Triad Meditation as described in the teaching on meditation approach to the Master.

As close as possible before going out on the sunset-to-sunrise vigil, you should shower with Temple Soap and do the Auric Cleansing Exercises with the attunement tape.

AGENDA FOR THE VIGIL

The purpose of this Vigil is for you to use your communication with the *archates* developed in your work with the *gamatheii* in order to develop knowledge, friendship, and understanding with some of the mineral, vegetable, and animal Spirits that exist within your specific *anima vegetatis* or animal soul as a result of your monadic individuality as it has been expressed through incarnate experience. In other words, for you to discover the minerals, plants, and animals you have been in past incarnate form. It is not for you to regress into these spirits, but to find them, master them, and transmute their natures into expressions of the Divine Nature so that they will serve the Divine Will in you for the work of the *Adeptus* and the *Adepta*.

PRELIMINARY INSTRUCTIONS

You will set your stones in the four directions. Use true East or a close approximation. Place your quartz in the center and your two *gamatheii* against it--Whitney on the South, Pacific Grove on the North--then move them together to form a triangle pointing East. You will sit on the West side of this triadic point facing East. Use cushion or chair for meditation--whichever you prefer. From this position you will skry with water and fire, meditate, and keep your notes (tape-recorded or written). Have nothing but consecrated water with you to drink--no food. If outside, be certain you have warm clothing, jacket, blanket. It is good to light a fire in fire-pit or barbecue pit and to keep it alive all night. You may get up whenever needed, but whenever you leave the circle bounded by the stones, you must keep your *gamatheii* with you

TOOLS

Bring water, white robe, silver goblet, two white candles, matches, large mirror, consecrated Host and rose oil, as well as tape recorder or notebook and pen. All these must be consecrated on the Eucharistic altar before commencing the Vigil, or by means of eucalyptus incense and the Heart Blessing as described on the cassette tape.

ORDER OF THE VIGIL RITES

1. With the gamatheii held in left hand over Heart, breathe onto your quartz a sacred *mumia* and place it pointing upward in the earth. This is your center. Place the gamatheii in your right hand, holding the left palm over the Heart, and breathe sacred *mumia* onto them. Place them into position. With your left forefinger at the center, crawl on knees to face North with your right hand extended East as far as you can stretch. Keeping the left forefinger over the center, breathe *mumia* onto your right forefinger and trace a circle in the earth beginning at the East and working clockwise to South, West, North, and back to East. This circle will have a diameter of about seven feet. When finished, stand up facing East. This is the major circle of an elliptical spheroid that extends upward as high as you could reach with your right hand extended over your head. The consecrated space follows basically the shape of your own aura, and is known as your Auric Sphere.

2. Pour in enough of the consecrated water to half-fill the silver goblet and breathe *mumia* upon the water. Intone,

"We expel all beings unfit to witness these sacred rites from this entire area,"

meaning the several square miles around you, and, taking a large sip of consecrated water from the goblet, very forcibly spew out the water with a strong push from the solar plexus and a growling "*Pha!*" Then, beginning at the East circumference, circumambulate the center three times clockwise, dipping your right forefinger into the goblet and sprinkling water into the air as you walk. Intone,

"In the Name of Jesus Christ Melchizedek, we consecrate and sanctify this ground for sacred work."

Recite this once on each circumambulation. When finished, pour any remaining water onto the central stones and then place the other four stones at the four directions. At this time bring into the circle the chair or cushion and all other tools.

3. Vest in the white robe and, standing at the East, light the white candle intoning,

"Come Thou, Great Light,"

with the intention of invoking and evoking the protective, illuminating, and purifying Light of God. Walk clockwise around the circumference, always facing outward, holding the candle with both hands, returning to the East. If you are going to light an all-night fire in a pit or barbecue, walk to the prepared firewood and ignite it with this candle, returning again to the circle, which is now fully consecrated. If you wish, you may put the candle into the earth and, when it has burned low, light another from its flame, or you may extinguish the flame from within the circle using a sacred breath and relight it when needed later intoning, "Come Thou, Great Light."

4. Standing at the center and facing West in orant prayer posture, speak in your Heart to all beings of the watery Creation -microbes, plants, animals, humans, and elementals--telling them your name and asking for their help in your work tonight. Then face South and speak likewise to the elementals of fire. Then East to the elementals of air. Then North to the elementals of earth. Complete the counterclockwise motion to the West and bow your head with hands held in the nacham posture (left arm over right). Make your prayer to the Father-Mother God of our Master Jesus Christ for protection, inspiration, and guidance in this Vigil, ending with the three-fold *amen*. Sit facing West as the sun sets, and as it disappears, intone,

"In the Name of Jesus Christ, and with deep gratitude, WE invoke the protection of LEONGRAEL, Fiery Lion of the Temple, and we place ourselves under the Shield and Mirror of The Grailmaster and Grail Mother for the nurture of this sacred work."

As the sun disappears, be aware of the subtle fiery light that surrounds your consecrated Auric Sphere. Meditate upon the goals of your Vigil with eyes closed until the sky becomes dark

5. Turn to the East, where the moon will be ascending. Fill your goblet with consecrated water. Take out the consecrated Host, dip it into the water to magnetize it for psychic skrying, and reverently consume the Host.

SKRYING IN THE AIR WITH LUNAR WATER

Hold the goblet in both hands so that you can see the image of the moon reflected in the water of the goblet. If the moon is obscured by clouds, wait until it appears. If the sky is overcast, or if you are inside a room, estimate the position of the ascending moon in the Eastern sky and hold the goblet accordingly. Inquire of the Mother of the World,

"From which aerial beings has my soul been formed?"

and stare fixedly into the water at the reflected light. Do this as long as you can until images, sounds, voices, fragrances, or other clues begin to stimulate your imagination. Do not be afraid let your mind be subjective, but do not allow it to escape from the task. When you receive something, follow it out to its end, then tape-record or write down what has come. Do not neglect to record these things, for even though they are so vivid you would think them easy to recall, this kind of information is very subtle and escapes the memory quickly, especially as other revelations come. Record the information, then return to skrying the waters for more information. When you feel that this work is done (spend not less than half an hour, and continue as long as you can), sip some of the water and give thanks. Put the goblet onto the earth toward the East, and sit in silent rest.

6.

SKRYING IN THE CANDLE FLAME WITH FIRE

Turn to the South. Light the candle in the sacred manner described and hold it with both hands as you would visualize holding the Flame of your Heart, with head bowed slightly downward to look into the flame. Visualize the flame as your Heart, and then as the Universal Heart drawing countless myriads of all sentient beings unto its Light in an infinite webwork of unity. Feel your Heart in the flame, and descend in consciousness into your Heart, then uplift the flame to eye-level and look through the flame intoning,

"We lift up our Hearts, we awaken ourselves, evoke the Eternal Flame of the Christ within."

Lower the flame to a comfortable position. Then inquire of the Heart of God from which fiery beings your soul has been composed.

"O' Eternal Heart of God, from which fiery beings has my soul been formed?"

Stare into the flame and do not waver. Record whatever comes to you. Do this until the candle has burned very low. When finished, give thanks and extinguish the flame with your sacred breath. Put the candle on the earth to the South, and sit in silent rest.

7.

INQUIRING OF THE ARCHATES WITH EARTH

Turn clockwise to the North. Holding the gamatheii with Pacific Grove (earth-water) in the left hand and Whitney (air-fire) in the right, assume the orant position, and speak to Mother Earth, Gaia, the *Spirita Mundae*. Inquire from which beings of the earthy matrix your soul has been born.

"Precious Spirit of Planet Earth, from which earthy beings has my soul been formed?"

Then hold both gamatheii in the left hand over the Heart, cover the left hand with the right hand, bow the head, and close the eyes. Allow the imagination to flow, but keep the mind on task. Record all information and return to the task until you feel it is complete. Give this at least twenty minutes. When you have finished, give thanks, open the eyes, and return the gamatheii to their central position on the earth. Rest.

8.

COMMUNION WITH THE GUARDIAN ANGEL THROUGH THE AUGOEIDES

Turn clockwise all the way around to the West, taking with you the goblet of water as you turn. With your right forefinger anoint your crown, ajna, throat, heart, and pulses with the consecrated water by making an equal-sided cross at each point--first from up to down, then from left to right. Anoint left and right eyelids and left and right ear-lobes with the water, then then sip some of the water reverently. Place the goblet on the earth at your feet and, with open eyes, inquire of your own High Self, the Augoeides, from which watery elementals and forms, including animal and vegetable lives, your soul has been harmonized.

“All-Knowing High Self, Whose child I am, from which watery beings has my soul been formed?”

At this point you may become aware of plants and animals by taste or smell, cravings for vegetables, fruits, nuts, cereals, and meats, or by other imaginings. You may fear the presence of certain beasts in the dark outside your perimeter. Note any and all of these seemingly psychological manifestations.

9.

SKRYING IN THE MIRROR BY FIRE

When this seems complete, breathe *mumia* onto your mirror, light a candle in a sacred way and, holding it in your left hand and to the left of your vision, look into the mirror held in your right hand at arm's length. *It is better to use a large mirror that you do not need to hold, and to do this part indoors if possible, since wind can extinguish candles and too small a mirror will be ineffective.* Position the candle between your face and the mirror almost all the way back to the mirror. If you are indoors, sit before a mirror. Stare at your face in the mirror with the candle flame in your peripheral vision to the left of your line of sight. Inquire into past lives as beasts and humans. As you stare at your face it will change shape, and also other faces or forms will appear in your peripheral vision. Record everything you see, hear, or otherwise sense until the manifestations cease. *Allow at least ten minutes for true manifestations to begin, and no less than about half an hour for the entire exercise.*

10.

FACE OF THE MASTER

When this work is finished, give thanks, turn clockwise to the East, and drink the last bit of water in the goblet. Collect all the mantic tools (goblet, mirror, candles) and put them on the earth in the East with notebook or tape recorder. Sit facing East and recall to your mind the Face of the Master Jesus from the Shroud of Turin. Meditate upon the Master's Face and draw near unto Him and all Divine Hierarchy.

11.

ERODINIA: THE SACRED DREAMING

With eyes closed and Heart focused on the Master, anoint your crown and ajna with the consecrated gardenia oil. Allow yourself to doze while sitting facing East, but with the intention of receiving spiritual instruction and, if possible, remaining lucid while dreaming (realizing you are dreaming while dreaming) You will also ask for vital energy so that you can continue your Vigil alert and awake after a while. You will awaken after an hour or so, and you should record whatever you remember of the *erodinia* or symbolic dreams that come to you. Distinguish between physiologically influenced, psychologically influenced, and spiritually influenced elements. Give thanks to God for whatever is received.

12.

PRE-DAWN VIGIL

Meditate with Open eyes facing East. Look and listen. Be aware of the merging of the within and the without. Visualize yourself from above looking down into your sphere while you yet look out of your eyes toward the East. Be alert and awake, yet fluid and moving in your imagination, always focusing your attention upon the Divine Guidance that surrounds you in this special night. Record all that comes.

13.

SUNRISE ILIASTER MEDITATION

As the morning light starts to indicate the coming of sunrise, continue your meditation with closed eyes. Focus upon the Holy White Light. Record all that comes. Open your eyes for the sunrise, or when you first feel the warmth of the sun's rays. As the sun rises, give thanks to the Ever-Living Lord of Life, the Father-Mother of the Universe, to the Lord Christ, the Mother of the World, The Divine Heart of God, the Mother Earth, your own High Self, Leongrael, and all who have guided, protected, and enlightened you this night. As the sun rises in the sky, you also stand up, remove your robe, and walk about the area searching for the stone that it bestows upon you. When you find it, hold it to your heart and give thanks. Remove all your tools from the circle, then all the outer stones, and finally the gamatheii. Then hold the quartz crystal to your heart, breathe once again your *mumia* onto it, and bury it several inches deep into the earth that was your center. If your Vigil was done indoors, bury the quartz in the designated ground outdoors. Erase the circle in the earth by going over it counterclockwise from the East, and pour out the rest of the consecrated water upon the earth around the center (or the designated ground, if done indoors) intoning,

"We bless these elements and all beings of this area."

End by holding the phial of rose oil to your heart with right palm over left, bowing head, and sending out a silent thanksgiving. Place this phial of rose oil upon your personal altar and use it to consecrate future containers of rose oil.